CALGARY metro®

NEWS WORTH SHARING.

Be in Demand. Get CPA Certified.
Accounting & Payroll Administrator
www.startyourcareer.ca
ROBERTSON COLLEGE
(403) 920.0070

## Pics sought in G20 case

Victim from the 2010 protest struggles to prove that cop's riot shield caused broken shoulder PAGE 6

## 'Structural concerns'

The Westin Calgary has notified the city about crumbling columns in its underground parkade PAGE 3

## TWEETING UP A STORM

AMANDA BYNES IS ON THE WARPATH, TAKING TO TWITTER TO BLAST MEDIA OUTLETS THAT REPORTED ON HER RECENT ARREST PAGE 13

She may be more than 40 years his junior, but Cindy Fredricks still finds plenty to discuss with 93-year-old veteran Walter Skimin while enjoying a drink at the Royal Canadian Legion Centennial branch No. 285. The national organization is launching a campaign to bring in even younger people to its more than 1,450 branches across the country. JEREMY NOLAIS/METRO

# 'This can be your Legion'

**Youngsters wanted.** Calgary man behind new push to increase membership at storied venues

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Cheap pints, tasty food and veterans with a story to share — what's not to like?

It turns out most young Canadians stay away from the more than 1,450 Royal Canadian Legion venues across the country, but Scott Ferris, who grew up in Calgary and took over marketing the storied brand seven months ago, has a plan to change that.

The campaign he's spearheading, which has been "soft launched" and will be formally announced before Canada Day, includes a revamped logo, active use of the Legion's Twitter and Facebook accounts, relaxing the dress code a bit — yes, you may soon be able to wear a ball cap inside a Legion while cheering on your favourite sports team — and maybe even the addition of an Xbox or two so members can link up and play video games with others across the country.

"This isn't your grandfather's Legion anymore — this can be your Legion," Ferris said. "There are exciting things going on there and there (are) wonderful facilities there you can take advantage of and it can be a really fun place to be."

The aim is to spark the first jump in Legion membership nationwide since it topped out at 602,000 in 1984.

Legion staff have also recently begun a direct-mail campaign attempting to push past some old wives' tales believed to be bogging down membership, which has sunk to a little more than 320,000. Top of mind is the general belief you need to show proof a family member served in the military to sign up at a local branch.

For Doug Boyd, who manages the Legion's Centennial branch No. 285, the largest of Calgary's seven venues, the campaign can't come soon enough.

Membership "really is a problem," he said, adding while the Centennial spot is growing many others in the city are not. "Next door to us we have an apartment building. There must be, let's say, 1,000 apartments there, but when you try to bring those people in they're at a loss. They just don't know what the Legion's about."

Follow Jeremy Nolais on Twitter @Metro_Nolais

THE PEOPLE HAVE SPOKEN!!!

# YOU PAY WHAT WE PAY!

AND AIRMILES IS BACK FOR A LIMITED TIME ONLY!
VISIT AIRMILES.CMPAUTO.COM FOR DETAILS!

AIR MILES Travel and More

## FLEET CANCELLATION SPECIAL!

THIS JUST IN!

CG266408

### 2013 CHEVROLET CRUZE

★★★ 0% FINANCING!* ★★★

1.8L 6-SPEED AUTO, STABILITRAK, REMOTE KEYLESS ENTRY, ONSTAR

MSRP: $18,045
-$2,250 MANUFACTURER'S REBATE
-$295 CMP SAVINGS
SALE: $15,500*

$43 /WEEK¹

OVER 70 CRUZES IN STOCK!* CMPAUTO.COM

★★★ YOU SAVE OVER $2,500! ★★★

GET 1000 AIR MILES WHEN YOU BUY A CRUZE!*

★★★ 0.99% FINANCING!* ★★★

### 2013 CHEVROLET SILVERADO

OVER 100 SILVERADOS IN STOCK!* CMPAUTO.COM

4.3L V6 AUTO W/ OVERDRIVE, A/C, BLUETOOTH, ONSTAR, CRUISE CTRL, REAR LOCKING DIFFERENTIAL, MP3 COMPATIBLE CD PLAYER

MSRP: $32,540
-$7,500 MANUFACTURER'S REBATE
-$2,263 CMP SAVINGS
SALE: $22,777*

$65 /WEEK²

C130079

★★★ CASH PRICE: $21,277* ★★★

GET 1000 AIR MILES WHEN YOU BUY A SILVERADO!*

CHECK OUR OUR ENTIRE INVENTORY AND OTHER SPECIALS ONLINE!!!

CMPAUTO.COM

### 2013 CHEVROLET TRAVERSE

OVER 40 TRAVERSES IN STOCK!* CMPAUTO.COM

3.6L V6 6-SPEED AUTO, 8-PASSENGER SEATING CONFIGURATION, ONSTAR, COLOUR TOUCHSCREEN RADIO, REARVIEW CAMERA SYSTEM, SIRIUS XM SATELLITE RADIO

MSRP: $34,695
-$3,000 MANUFACTURER'S REBATE
-$1,697 CMP SAVINGS
SALE: $29,998*

$88 /WEEK³

C130860

★★★ YOU SAVE OVER $4,600! ★★★

GET 3000 AIR MILES WHEN YOU BUY A TRAVERSE!*

CMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COM

**SPRING SERVICE SPECIALS**

✓ CALL TO BOOK! 403-930-1543

SPRING CLEANING $105.00 ALIGNMENT CHECK $49.95
WINTER TIRE SWAP $29.95 MOUNT&BALANCE SUMMERS $89.98

Goodwrench Service
EXPERT SERVICE AT COMPETITIVE PRICES.

CMP GM
CHEVROLET Cadillac BUICK GMC

CANADA'S BEST MANAGED COMPANIES
AMVIC LICENSED

403-930-1634
CMPAUTO.COM
1313 36 St. NE, Calgary, AB, T2A 6P9

REBUILD YOUR CREDIT
BANKRUPTCY I DIVORCE I NO CREDIT
NEW CREDIT I NEW TO CANADA
100% APPROVAL RATING
403.569.5416
CALGARYAUTOFINANCING.COM

CHEVROLET BUICK GMC Cadillac CMP GM

DEERFOOT TR N | 16 AVE NE | 36 ST NE | COAST PLAZA HOTEL | CMP | 12 AVE NE | MEMORIAL DR

*SALES AND PROMOTIONS END MAY 31ST, 2013. DEALER RESERVES THE RIGHT TO END PROMOTION AT ANY TIME WITHOUT NOTICE. SEE DEALER FOR FULL DETAILS. VEHICLES IN STOCK START FROM ADVERTISED SALE PRICE.
PAYMENTS O.A.C. 1. 0% FOR 84 MTH. 2. 0.99% FOR 84 MTH. 3. 4.99% FOR 96 MTH. (GST, $20 TIRE) AND FEES ($499 ADMINISTRATION, $249.95 WHEELS LOCKS AND NITROGEN & $6.25 AMVIC) NOT INCLUDED. ERRORS AND OMISSIONS EXEMPT. VEHICLE MAY NOT BE EXACTLY AS SHOWN.

# Work. CBE to focus on real-world experience

Calgary public schools officials said Monday they were keeping close tabs on industry need and promises from the provincial government when drafting their latest school wish list.

The Calgary Board of Education will first and foremost seek funding for a replacement school for special-needs students currently housed at Christine Meikle and an early-childhood centre for aboriginal students at the currently closed Harold W. Riley School.

But after that, the CBE will pursue funding to transform a number of its worn-down city high schools in career-and-technology studies (CTS) centres, according to its 2013-17 capital plan, which was formally released Monday after Metro offered details on the project ranking last week.

Those projects are ranked above new schools in rapidly expanding Calgary communities in both the northwest and southeast.

"We're anxious to be able to deliver in the schools the new curricular programs so high-school students can get out into jobs that industry is demanding," CBE superintendent of infrastructure Frank Coppinger said.

The CTS approach sees students spend half their day learning in hands-on suites from educators.

But trustee Sheila Taylor took issue with what she deemed a hasty timeline to approve the capital plan.

The plan is scheduled to be debated and approved by trustees Tuesday, but Taylor plans to bring forward a motion seeking a delay to allow for further discussion with the public. JEREMY NOLAIS/METRO

# Shark fin bylaw put on ice, for now

City council set aside indefinitely its controversial shark fin bylaw Monday, after several aldermen who initially supported the idea changed their minds in the wake of legal concerns and the sometimes vitriolic public debate.

Invoking a rarely used "sine die" designation — which is Latin for "without date" — council didn't completely kill the bylaw but essentially shelved it with no specific plan to bring it back.

Ald. Diane Colley-Urquhart said she was supportive of exploring a shark-fin bylaw last year but now thinks differently.

"This has become a firestorm," she said. "I just think it's time for us to back away."

Other aldermen, however, wanted to continue down the path toward enacting the bylaw (which so far has only received first reading) and continue supporting the volunteer Shark Fin Task Force council convened to study the issue in further detail.

Ald. Gord Lowe said the move would amount to "neutering the task force's work."

Ingrid Kuenzel of Shark Fin Free Calgary said she was "caught off guard" and disappointed by council's move, which she described as lacking political courage. ROBSON FLETCHER/METRO

A worker collects pieces of shark fins at a factory rooftop in Hong Kong. KIN CHEUNG/THE ASSOCIATED PRESS

# 'Structural concerns' at underground parkade

**Downtown hotel.** Westin parking garage remains open during work on columns

**Monitoring**

**4**

Support columns in four underground parking levels beneath the hotel are being monitored, according to the city's chief building official.

The Westin Calgary calls it "renovations" but the city's chief building official chose a different word to describe work now being done to crumbling columns beneath the downtown highrise hotel.

"I would suggest this is maintenance," Kevin Griffiths said Monday. "And it's maintenance of the structure, which is absolutely critical."

Griffiths said the hotel notified the city about "structural concerns" in its underground parkade on Monday, although it wasn't legally required to do so under current regulations.

The city has lobbied for changes to provincial law to require reporting of "problems" like this, Griffiths noted, which he expects will come into place in January 2014.

Hotel general manager Didier Luneau issued a written statement in response to requests for an interview Monday.

"We have assurances from the structural engineer and city inspector, who together completed an on-site inspection that the building is safe for its present use," Luneau stated.

Dozens of columns in the parkade have been temporarily shored up, a move that Griffiths described as a "precautionary measure."

The hotel provided the city with a remediation plan Monday along with additional documents that are currently being reviewed "to make sure the public is safe," Griffiths said. ROBSON FLETCHER/METRO

Columns in the parkade beneath the Westin Calgary have been shored up, a move described as a "precautionary measure." ROBSON FLETCHER/METRO

RBC Royal Bank

Say when. Say where. We'll meet you there.

Call **1-800-769-2511** and our mobile bankers will come to you — 24/7.

Advice you can bank on™

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

## S.E. ring road. Permanent road closure could lead to more congestion

Motorists will be rerouted permanently from a busy southeast Calgary connector road as crews enter the final stages of developing the city's southeast ring road.

Starting Friday at 7 p.m., the intersection at 84th Street S.E. and Glenmore Trail will close to north and southbound traffic for good.

This will allow crews to develop Glenmore's interchange at Stoney Trail S.E.

"It's a major connection within the transportation network for both Calgary and Rockyview County," acknowledged Garry Lamb, an urban construction manager with Alberta Transportation. "The intersection just cannot remain open and has to be closed now to allow for the construction of those ramps."

Lamb conceded the closure could mean more congestion on other busy routes in the area, namely 52nd Street S.E.

Garry Lamb JEREMY NOLAIS/METRO

The entire southeast leg of the ring road, which is relying on a public-private partnership and carries a price tag of $769 million, is slated to open in October and is currently on time and on budget, Lamb said.

Through traffic will continue to flow on Glenmore. A full list of the alternate routes for motorists travelling in the area is available at metronews.ca. JEREMY NOLAIS/METRO

## Coming together. High hopes for new plan to tackle poverty in Calgary

United Way president Lucy Miller applauded city council Monday for adopting a new poverty reduction initiative that she believes will make it easier for financially struggling Calgarians to find support.

"This is all about making sure people have the access they need in order to be resilient when times get difficult," Miller said.

Mayor Naheed Nenshi said the initiative's strength lies in its "system-wide approach."

"This will have enormous impact across the spectrum — in government, in non-profit agencies, and with the private sector," Nenshi said. "It will have more impact, I think, than the 10-Year Plan to End Homelessness."

For example, he said one of the key goals is to ensure everybody in Calgary has at least three people to turn to in times of need, whether they be neighbours, government, non-profit agencies, or other sources of support.

"This is not just about what the city is going to do," noted Ald. Gael MacLeod. "It's about what we as a community are going to come together and do." ROBSON FLETCHER/METRO

# MRU cuts staff, suspends programs

### 'Difficult decision.'
No alternative to close $14-million gap in funding was offered

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Mount Royal University will offer fewer programs this fall and operate with trimmed-down staffing levels in many key areas in the wake of cuts to provincial post-secondary funding.

The institution's board of governors approved an operating budget Monday that accounts for nine per cent less funding than was originally anticipated from the provincial government.

For 2013-14, the Alberta government will contribute just 39 per cent of the university's operating budget, the smallest amount in school history.

"It was all a very difficult decision," president David Docherty said, noting students already enrolled in the suspended programs will still complete their studies at Mount Royal. "The team worked very hard to try to minimize the impact on students."

Programs suspending intake include the music performance and theatre-art diplomas, disability studies diploma and certificate offerings in journalism, forensic studies, aging and perinatal studies.

The total number of students admitted to programs like nursing, broadcasting and education will also be reduced, but 300 more students will be admitted to open studies.

University administrative vice-president Duane Anderson said "every aspect" of the school will be impacted by the cuts.

The university did commit to keeping non-degree programs when it transitioned from a college in 2009; however, officials told faculty members last month the provincial cuts were unforeseen and their top priority now is maintaining the quality of four-year-degree offerings.

Mount Royal will still run 19 diploma and certificate programs next year.

Students and faculty alike can also expect delays with computer repairs and changes to operations at the campus library, bookstore and other venues. Maintenance and custodial operations are also being scaled back at the university.

Parents and community advocates took one last chance to plea that the suspended programs, which account for 17 per cent of the university's cost reductions, to remain open.

Linda Sunderland has an adopted son coping with fetal alcohol syndrome, autism and other challenges. She offered an emotional plea to the board, pointing out their are 350,000 Albertans with special needs and the community benefits greatly from more than 30 graduates produced by the now-suspended disability studies program at Mount Royal annually.

"They're not considering the people that are serviced by the certificate and diploma programs, which they said in their academic plan they intended to keep," she said.

Linda Sunderland has an adopted son who copes with fetal alcohol syndrome, autism and other challenges. She said Mount Royal University execs don't fully understand the impact suspending its disability studies program will have. JEREMY NOLAIS/METRO

**Positions lost**

**72**

In all, Mount Royal University will trim 72 positions, equal to 63 full-time jobs. Half of those positions were vacant, officials said.

Save the Children/Sam Tarling

SYRIAN REFUGEE CRISIS

More than 1.4 million Syrians have fled into Jordan, Egypt, Lebanon and Turkey in search of safety – up to 7,000 people leave each day. They survive with limited or no access to basic resources and are desperate for clean water, food, and shelter.

**Your generous gift will immediately rush vital supplies to suffering children and their families.**

care OXFAM Canada OXFAM Québec Plan Save the Children

HUMANITARIAN COALITION

Together saving more lives

The cost of this ad has been generously donated by: metro

CRISIS ALERT: Donate online at together.ca or call 1-800-464-9154

# Distracted-driving dangers demonstrated

**Mock crash.** Paramedics, firefighters and police officers featured in realistic display

Drama students from Holy Trinity and J. Percy Page high schools in Edmonton performed alongside that city's firefighters and EMS Monday to showcase a grisly scene exhibiting the perils of distracted driving.

The portrayal showed the aftermath of a collision caused by texting and driving.

Ardrianna Mairs, a student who played one of the victims, said her role was easy because of the issue's importance.

"It wasn't because of my acting skills. I really did feel like I was that person, getting hit, and all the pain that I, my family and my friends would feel," Mairs said.

She laid sobbing underneath an SUV as emergency personnel surrounded her in a scene so realistic that some onlookers thought it was real.

**Likelihood**

**4**

**Drivers using cellphones are four times more likely to be involved in a collision.**

"At first I thought someone actually got hit. It was bone-chilling," said Lawrence Matthews, who arrived on scene to check out the commotion.

The demonstration was also meant to show how emergency services work together at accident sites in honour of EMS Awareness Week. Mairs hopes that the realism of the scenario got the message through to her fellow students.

"A lot of people don't think it's going to happen to them," she said. "It doesn't matter, it could happen to anybody."

PATRICK NGUYEN/
FOR METRO IN EDMONTON

Ardrianna Mairs plays an injured victim in a presentation for distracted-driving awareness in Edmonton on Monday. PATRICK NGUYEN/FOR METRO

Shrink your mortgage.

Act now!

Join thousands of Canadians who are saving thousands on their mortgages.

The 5-year fixed low-rate mortgage, only from BMO®.
With an amortization of 25 years or less, you'll pay off your mortgage sooner.

Visit a branch today, or have one of our mobile Mortgage Specialists come to you.

bmo.com/lowratemortgage

/BMOcommunity @BMO

BMO Bank of Montreal
Making money make sense®

Applications are subject to meeting Bank of Montreal's usual credit criteria. Some conditions may apply. ®Registered trade-marks of Bank of Montreal.

## Scholarship set up for slain journalist

The memory of a popular journalist slain in a Calgary murder-suicide five years ago was honoured Monday with the second scholarship in her name dedicated to assisting budding writers.

Amber Webb-Bowerman was killed in 2008 in the northwest neighbourhood of Dalhousie at the hands of her landlord. She was working as a part-time news editor at the Emery Weal (SAIT) and contributed to various other Calgary publications. The new scholarship through Mount Royal University was announced Monday at the Rotary Park Lawn Bowls. Volunteers of the Amber Webb-Bowerman Foundation celebrated the announcement with a round of lawn bowling, one of her favorite sports.

Amber Webb-Bowerman
CONTRIBUTED

"It means so much to me that her friends continue to do this," Webb-Bowerman's mother Susan Webb said.

In addition to the two $1,000 scholarships, the first being offered through SAIT Polytechnic, the foundation plans to switch gears from post-secondary students this summer and focus on supporting youth writing interests by partnering with two Calgary-based charitable organizations. ALLISON PARDER/FOR METRO

**Two people hospitalized**

### No charges yet in alleged hit-and-run

Charges have not been laid following an alleged hit-and-run Sunday involving a motorcycle and a cube van that sent two people to hospital in serious condition. Police said alcohol and speed are being investigated as possible causes of the crash on Centre Street North and Blackthorn Road. The driver turned himself in. METRO

## Alternative. Council supports borrowing for $155M compost plan

After failing to connect on a "Hail Mary pass" for federal funding, city council voted Monday to borrow $155 million to build a new compost facility.

"It looks like it's not going to work," Mayor Naheed Nenshi said of a last-minute attempt to get partial funding from the federal P3 Canada infrastructure fund. Calgary needs the facility to divert more material from its landfills and to deal with excess "biosolids," or concentrated sewage, according to city staff.

A majority of council agreed, voting in favour of a plan to build the compost facility and purchase 400,000 green carts for eventual city-wide pickup of organic materials, set for 2017. ROBSON FLETCHER/METRO

# Lack of evidence plagues G20 brutality case

**Pics or it didn't happen.**
## Victim struggles to prove that cop's riot shield caused broken shoulder

The first trial of a Toronto police officer facing criminal charges in the G20 protests is focusing on photos and video of one man's arrest, though none captured the moment he says he was hit with a riot shield.

Dorian Barton, whose shoulder was broken on June 26, 2010, had gone to the legislature to scope out the scene.

A line of police officers had formed to the south of him, and as he was facing east taking pictures he was hit from behind, Barton said.

A witness, Andrew Wallace, said he saw Barton, 32, getting "charged" by a police officer, who hit Barton with his shield, knocking him over, and then struck Barton with his baton.

"It was disgusting," he testified. "A police officer who, with no provocation ... charged an unarmed person."

Const. Glenn Weddell has pleaded not guilty to assault causing bodily harm and assault with a weapon.

THE CANADIAN PRESS

**Picked from the crowd**

**After the arrest, witness Andrew Wallace took photos of the officer who he said had hit the victim. Those photos were used to help identify Glenn Weddell.**

Glenn Weddell faces charges in an alleged assault. RENE JOHNSTON/TORSTAR NEWS SERVICE

Freedom 55 Financial and design are trademarks of London Life Insurance Company.

# Trust. U.S. cracks whip as Canada fixes intel security

The U.S. carried out a rigorous follow-up with Canadian military intelligence centres in the wake of a navy spy scandal to ensure that new, stricter security protocols had been enacted, say multiple defence and intelligence sources.

American liaison officers were asked to verify that enhanced compliance and accountability measures for the handling of shared intelligence were in place and working, said a military source.

The Harper government has acknowledged that fixes were underway as a result of the Jeffrey Delisle case, but the scope of U.S. direction startled Wesley Wark, a visiting professor at the University of Ottawa's graduate school of public and international affairs. He believes it may be a first in the history of Canada's allied relationships.

"Perhaps the Americans didn't quite trust the Canadians to come up with a sufficient security fix, sufficiently quickly," he said.

THE CANADIAN PRESS

**Alleged honour killing**

## Family terrorized slain woman: Ally

A B.C. woman whom Indian authorities believe was the victim of an honour killing planned in Canada 13 years ago spent her final months in fear of her family, her friends testified Monday at the extradition hearing of her mother and uncle.

Jaswinder Sidhu was found dead at 25 in India.

At one time, Sidhu arranged a code with co-worker Jody Wright, one of her few confidants, that would initiate a 911 call.

"The code word was, 'I'm sick or I have the flu.' That was my trigger to call the cops because she was locked in her bedroom," Wright told the court.

THE CANADIAN PRESS

**United Kingdom**

## 10th arrest made in street slashing

Police arrested a 10th suspect Monday in connection with the street killing of a soldier in London.

The 50-year-old man was detained in Welling on suspicion of conspiring to murder Lee Rigby, Scotland Yard said. Police gave no further information.

The arrest came along with more details about one of the two main suspects.

Revelations that Michael Adebolajo had been arrested in Kenya in 2010 — and claims that security officials had tried to then recruit him as an informer — have fuelled questions about whether authorities could have prevented the killing. THE ASSOCIATED PRESS

**ATTENTION SUNITA NAICKER**

**LAST KNOWN ADDRESS: 113 SEA GREEN MANOR, CHESTERMERE, AB, T1S 0E7**

**TAKE NOTICE** that **Ashwin Ajay Kumar** has issued and filed a Statement of Claim, court file 4801-156421, in the Court of Queen's Bench of Alberta, Judicial Centre of Calgary. A copy of the Statement of Claim will be mailed to you upon request directed to Stewart Sharma Harsanyi. Your whereabouts being unknown, the Court has ordered substitutional service upon you by this advertisement. Should you wish to oppose the Claim or seek other relief, you must promptly take steps in accordance with the Notice to you endorsed on the Statement of Claim, or instruct your lawyer to do so. If within **30 days after this publication** you fail to file with the Court a Statement of Defence or Demand for Notice, the Plaintiff may proceed according to the practice of the Court to note you in default and you will not thereafter be entitled to notice or any further proceedings and the relief sought by the Plaintiff may be given in your absence.

**CONTACT: SANJIV PARMAR** SUITE 800, 633-6TH AVE SW | **STEWART SHARMA HARSANYI LAW** PH 403-705-3398

# Aides jump T.O. mayor's ship

**'Soldiering on.'**
Ford says his brother's executive assistant would become his new communications head

**Fundraising goal**

**$200K**

American-based website Gawker on Monday hit its fundraising goal to buy what it says is a cellphone video appearing to show Ford smoking crack cocaine. Whether the site would in fact be able to collect the video as it has promised remained unclear. Gawker editor John Cook indicated he was having difficulty finding the video's owner. Gawker has promised to donate the money to a Canadian non-profit that deals with substance abuse if the deal were to fall through.

Toronto Mayor Rob Ford makes a statement to the media after the resignation of his communications aides, George Christopoulos and Isaac Ransom, in Toronto on Monday. CHRIS YOUNG/THE CANADIAN PRESS

Rob Ford lost two more senior members of his staff Monday, leaving the already beleaguered mayor with an increasingly depleted office as he attempts to quell a still raging crack cocaine scandal.

The departure of Ford's press secretary and his deputy came days after his chief of staff and the mayor parted ways, but Ford insisted it would be "business as usual" at city hall.

"We're just soldiering on," Ford said.

Facing reporters, Ford would only say George Christopoulos and Isaac Ransom had "decided to go down a different avenue."

"I wish them the best of luck in their future endeavours."

He refused to talk about the circumstances, saying he never discusses "personnel issues."

Neither man offered any immediate explanation for their decision to leave, but within minutes, their email and cellphone accounts had been disabled.

Last week, it was announced that Ford's chief of staff Mark Towhey was no longer on staff — reportedly after advising the mayor to get help. Towhey said only that he did not resign.

In a tweet following word of the latest resignations Monday, Towhey called Christopoulos and Ransom "outstanding, honest and honourable professionals."

Before announcing the departures, Ford said Monday he wanted to "sincerely apologize" to reporters for derogatory remarks about the media. Over the weekend, Ford used his radio show to attack the media as a "bunch of maggots."

"It has been bothering me, a lot," he said of his comments, explaining he was under a lot of stress. THE CANADIAN PRESS

**Robocalls**

## Ruling should help reforms: Kingsley

The former head of Elections Canada, Jean-Pierre Kingsley, says a toughly worded Federal Court ruling helps make the case for reforming election-campaign rules on robocalls. Judge Richard Mosley ruled last week that fraud took place and his judgment linked that fraud directly to the Conservatives' internal database — but found no evidence that any candidate or official was involved. THE CANADIAN PRESS

**Social security**

## Tribunal staffed with Tory donors

Up to a third of the people who landed cushy patronage jobs on the new Social Security Tribunal gave money to the Conservative party, Elections Canada records show. None appear to have given money to any other party. THE CANADIAN PRESS

SUBARU
Confidence in Motion
OUR IDEA OF QUALITY FAMILY TIME.
SUBARU FORESTER FAMILY RALLY
Sign up to compete against other families on a rally course for the chance to win† an all-new 2014 Subaru Forester.
QUALIFY AT FAMILYRALLY.CA
2013 IIHS TOP SAFETY PICK+
†Contest Entry begins on April 8, 2013 at 12:00:01 a.m. ET and ends on June 9, 2013 at 11:59:59 p.m. ET. No purchase necessary. Visit familyrally.ca for complete contest details. ▲Ratings of "Good" are the highest rating awarded for performance in five safety tests (moderate overlap front, small overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK+, a vehicle must receive a "Good" rating in at least four of the five tests and a "Good" or "Acceptable" rating in the fifth test.

# Prospect of border fees has support in southern U.S.

**Proposed study.**
Opposition to levies is strong in communities close to 49th parallel, but folks near Mexican border feel differently

By Michael Hill's estimation, 90 per cent of the people pumping gas at his station just south of the U.S.-Canada border in Washington state are Canadians.

Gas north of the 49th parallel, he said, is about $1.30 per gallon more expensive than in the United States. But that's not the only product that Canadians seek in visits to Washington state: Beer, wine and milk are significantly cheaper (beer and wine alone are roughly half the price in the U.S.).

Add a strong Canadian dollar and the result is a key element of the economy in the towns of Whatcom County. For example, the town of Blaine, population just shy of 5,000, generates over $225,000 US from a penny per gallon gas tax, which is about 30 per cent of its street maintenance budget.

That's why Hill and others are troubled by the notion of charging a fee to enter the U.S. by land. Last month, in its 2014 fiscal-year budget proposal, the Department of Homeland Security requested permission to study a fee at the nation's land border crossings.

"It's a deterrent," said Hill, whose station is fully stocked with wine and has a reader board that says "Thank you Canadians."

"They should be doing anything they can to get them down here to buy more," he added.

That lone request sparked wide opposition among members of Congress from northern states, who vowed to stop it. A fee, they say, would hurt communities on the border that rely on people, goods and money moving between the U.S. and Canada.

Lawmakers and people from the southern border, though, did not show such strong opposition, highlighting a north-south divide on how to pay for border infrastructure.

Democrat Congressman Ruben E. Hinojosa, who represents a district in Texas that includes McAllen and its nearby border region, said fees would be good if the revenue stream is used to improve infrastructure. THE ASSOCIATED PRESS

**Quoted**

**A border fee would be "a deterrent. They should be doing anything they can to get (Canadians) down here to buy more."**

**Michael Hill,** who runs a gas station just south of the border in Washington state

# Air travel. Both sides confident of victory in T.O. waterfront jets fight

Both sides in the battle over whether to allow jets to fly out of Toronto's waterfront airport say they are confident that they will ultimately prevail.

Porter Airlines CEO Robert Deluce believes municipal politicians will give their nod because Porter's plan addresses the technical issues that concern most people.

"I think that we have an excellent chance of getting the required approvals that would allow these whisper jets to start operating by as early as January 2016," he said. Deluce was in Montreal on Monday to receive an honorary doctorate of science degree from McGill.

Toronto Coun. Adam Vaughan said he's equally sure that his colleagues will reject the effort when it comes back for a final vote. He said it would be very difficult to restrict the airport to just one type of jet.

Toronto council recently voted 29-15 to send the proposal to staff for further study and recommendation. But Vaughan said many who voted yes indicated to him that they did so only because they want more information to back up their opposition. THE CANADIAN PRESS

Bob Deluce, CEO of Porter Airlines, announces a conditional order for 12 Bombardier CS100 jets in early April. THE CANADIAN PRESS FILE

**Montreal**

## SNC-Lavalin offers 'amnesty' to whistleblowers

SNC-Lavalin Group Inc. says it is making a limited-time offer of "amnesty" to whistleblowers within its workforce. The Montreal-based engineering giant says it won't seek damages or unilaterally fire employees who voluntarily provide a full, truthful report about potential corruption and anti-competitive activities.

SNC is undergoing both internal and police investigations for alleged fraud and corrupt practices in Canada and abroad by some former employees. THE CANADIAN PRESS

**Market Minute**

**DOLLAR**
96.74¢ (-0.15¢)

**TSX**
12,696.37 (+29.15)

**OIL, GOLD**
(Closed for U.S. holiday)

**Natural gas, Dow Jones:**
Closed for U.S. holiday

CALGARY PARKING AUTHORITY
F/T MAINTENANCE II WORKER

DUTIES INCLUDE
- General maintenance of parking facilities & commercial tenant space
- Operation and maintenance of equipment
- Equipment operations
- Other general facility maintenance tasks as required

MINIMUM REQUIREMENTS
- Grade 12 education; good command of English verbal and listening skills
- Physically able to perform manual labour for extended lengths of time
- Security clearance
- Valid Class 5 Driver's License with clean driving record. Provide Driver's Abstract.
- Preference given to applicants with a 5th Class Building Operators ticket

WAGES & HOURS
- $25.19 to $29.82/hour plus any other applicable premiums for Maintenance II
- Shifts are rotating between 8 hours per day/5 day work week and 10 hours per day/4 day work week

Apply, stating the position you are applying for, with covering letter, resume and three work related references by June 5, 2013 to the following:

Calgary Parking Authority
620 - 9th Ave. SW | Calgary, AB T2P 1L5
FAX 403-537-7001
Attention: Coordinator, HR/Administration
EMAIL
cpa.human.resources@calgaryparking.com

Applicants are thanked in advance for their interest and advised that only individuals selected for interviews will be contacted.

BECOME A
HEALTH CARE AIDE
IN LESS THAN 5 MONTHS!

A GREAT SCHOOL FOR A REWARDING CAREER!

11 CERTIFICATE PROGRAM INCLUDING
- Government of Alberta Health Care Aide
- St. Johns Ambulance (First aid, CPR, Automated External Defibrillator)
- Supportive Pathways, Foot Care, Diabetes, Medication Administration, Food Safe, WHIMIS, Palliative Care
- 3 Clinical Placements (Hospital placements available)

"Thank you ABES for making my dream come true, for all the support and encouragement. I'm now working and enjoying my new career." - ABES HCA GRADUATE

PLUS
REDUCED TUITION FEES IN EFFECT!

CALL TODAY 403.232.8758

Abes
www.abes.ca

# FORGETTING FACES IS THE PITT'S

SHE SAYS

**Jessica Napier**
metronews.ca

If you're ever lucky enough to meet Brad Pitt face-to-face, you should know that he'll probably forget you right away. And it's not just because he's Brad Pitt the movie star who meets hundreds of new people on a weekly basis, it's because he might be "face blind."

In a recent interview with Esquire magazine, Pitt revealed that he believes he has prosopagnosia, a medical condition that makes it almost impossible for him to remember the faces of the people he meets. And while it might sound like a convenient excuse for an egocentric movie star's forgetfulness, this facial-recognition disorder is actually surprisingly common — affecting about one in 50 people with varying degrees of severity.

But what about the rest of us?

A little memory lapse is forgivable every once in awhile, but I think there's something inherently arrogant about individuals who make little effort to remember other people. For most of us, recognizing familiar faces isn't the main issue — it's trying to remember names.

We've all found ourselves in that awkward situation: You see an acquaintance at a party and attempt to gauge whether or not they remember you while racking your brain to recall their first name. Eventually you're introduced to one another by a mutual friend and both awkwardly pretend that you're meeting for the first time. It seems to be an unspoken social rule that it's better to play dumb than actually admit you don't know each other's names.

From professional-networking events to impromptu run-ins with high school classmates, forgetting someone's name can be an embarrassing blunder for everyone involved. It's hard to say whether it feels worse to be the nameless individual who can't seem to make a lasting impression or the jerk who can't be bothered to remember other people's names.

Whenever I hear someone quip, "Sorry, I'm so bad with names," I can't help but think that what they're truly saying is, "I won't be making an effort to think about you after this conversation." Sure, you might make excuses about being hopelessly forgetful, but an inability to recall names does reflect your interest in others. If you aren't particularly concerned with developing interpersonal relationships, you'll be less likely to remember whether your neighbour's name is Laura or Lauren.

People who are "good with names" aren't just well mannered; they're attentive listeners with a higher level of investment in their social circles. And it's not just about winning friends; some of the most successful businesspeople are the ones who have a knack for names and memorizing details about their clients and customers.

There's no doubt first impressions are important, and although it might seem like a small detail, remembering a name is one of those vital social graces that can make or break a relationship with a new(ish) acquaintance.

Unless you're Brad Pitt of course; I'd be happy to forgive him for forgetting me.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

# Passing the Olympic torch

DAVID VAN DYKE/METRO

## Olympic pride returns home

Mark Tewksbury received the torch in Athens, Greece, in 1996, when he took part in a ceremony commemorating the centennial of the Summer Olympics. After the event, each athlete was presented with a torch to take home. METRO

## Coming out sparks LGBT donation

Mark Tewksbury, winner of the gold medal for the 100-metre backstroke at the 1992 Summer Olympics in Barcelona, Spain, donated an Olympic torch in support of Come Out and Play, the gala fundraiser in support of the Canadian Lesbian and Gay Archives and OutSport Toronto.

"I wanted something to represent that moment in history," said Tewksbury, who came out in 1998, adding that, in a way, this is about passing the torch to a new generation of LGBT athletes. METRO

**The archives**

- The Canadian Lesbian and Gay Archives (clga.ca) is a repository for books, documents and other material related to the LGBT community in Canada.
- Among the other sports-related items at the archives is a championship belt donated by boxer Mark Leduc, who won a silver medal at the 1992 Barcelona Summer Olympics and came out in 1994.

**Momentum**

## "It's starting to pop again."

**Mark Tewksbury, Olympian,** said of athletes coming out and referencing the recent announcement by professional basketball player Jason Collins that he is gay, and out soccer player Robbie Rogers making his Major League Soccer debut with the Los Angeles Galaxy last week. Tewksbury's advice to athletes trying to decide whether to come out: "Do it in your own time."

**Click bait**

ANDREW FIFIELD
andrew.fifield@metronews.ca

**I hate to be the bearer of bad news, but somewhere out there lurks an unflattering photo of you. Of all of us. Which means we're all one dry joke written in impact font away from becoming an unwitting Internet meme. Just ask these three, who eventually learned to embrace their, um, fame.**

### Scumbag Steve:

**Clad in questionable fashion while leering through an open door, Blake Boston became the perfect stand-in for boorish, selfish behaviour. But, when he finally got wise to his fame he handled it like Good Guy Greg. @BlakeBoston617**

### Overly Attached Girlfriend:

**While filming a Justin Bieber parody video, Laina Walker wore a wide-eyed stare of unhealthy devotion that became a touchstone for anybody who has dealt with a partner's warped definition of "caring." But don't be fooled, she actually seems lovely. @laina622**

### Grumpy Cat:

**Saying Grumpy Cat is handling her fame well would perhaps be giving too much credit to the emotional range of your standard house cat. But then again, how would you be able to tell? @RealGrumpyCat**

**Twitter**

**@metropicks asked: Canadians are making a stink over maple syrup-scented bills. How would you like money to smell?**

**@thepolishviking:** like fresh cut greens, of course

**@kerbizz:** like money!! $

**@CHFIErin:** How would I like $100 bills to smell? Just like the inside of my purse, for starters!

**@Hockeyangel10:** Like a freshly brewed cup of Tim Hortons coffee!!!

**@FrenchmanCanada:** Imagine telling someone "You smell like a million dollars!"?

**@mattsnothere:** My cash usually smells like futility and sadness. So anything that's not that.

**@karen_dorward:** Bacon! So I can literally bring home the bacon. :)

**Follow @metropicks and take part in our daily poll.**

**WE WANT TO HEAR FROM YOU:** Send us your comments: calgaryletters@metronews.ca

metro

**President** Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Calgary** Darren Krause • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Blaine Schlechter • **Distribution Manager** David Mak • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO CALGARY** Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • **Telephone:** 403-444-0136 • **Fax:** 403-539-4940 • **Advertising:** 403-444-0136 • adinfocalgary@metronews.ca • **Distribution:** calgary_distribution@metronews.ca • **News tips:** calgary@metronews.ca • **Letters to the Editor:** calgaryletters@metronews.ca

# So, you think you know Soderbergh?

**Career in review.** There are whispers the filmmaker has had his final hurrah — so what better time to look back on his Hollywood legacy?

MATTHEW PRIGGE
Metro World News in New York

Soderbergh has had highs and lows in his career. GETTY IMAGES

Behind the Candelabra, starring Michael Douglas as Liberace and Matt Damon as his younger lover, premiered Sunday on HBO Canada. Most of the coverage, inevitably, has revolved around two major male stars playing gay together, as well as Douglas' spot-on impersonation as the flamboyant (and closeted) pianist.

Somewhat under reported is that this is the alleged final film of Steven Soderbergh, the storied and award-winning director who, among many other things, helped breathe life into both independent and mainstream American cinema.

Soderbergh had threatened to retire a few years ago, citing exhaustion with the movie business, and even with moviemaking itself. His plan is to concentrate on painting and maybe do some TV. It's very possible (or we're simply hoping) this is a Jay-Z-style "retirement" — a sabbatical/mental health break that will set up a triumphant return to the medium he conquered. But for now, Candelabra is his swan song. (Although if you really want to be a stickler, Side Effects, his last film released theatrically, is his farewell to cinema. But Candelabra is currently in competition at the Cannes Film Festival.)

In honour of this perhaps non-ending to what we feel has been a fantastic and thrilling career, filled with excellent and experimental work that flexed the muscles of what mainstream (and underground) film can do, we've decided to round up a handful of amusing tidbits about the director that might have flown over many people's heads.

### His first film was a Yes concert documentary

Soderbergh was only 26 when his debut fiction feature, Sex, Lies and Videotape, won the Palme d'Or at Cannes. Young as that seems — and he was the youngest director to have a film win the festival's top prize — it wasn't his first. That would be Yes 9012Live, released in 1985, and featuring lots of then-cutting-edge video editing effects as the prog rock legends played one of their most popular albums. (It's the one with Owner of a Lonely Heart.) Released on video, it was even nominated for a Grammy. It still took him another four years to get a real feature off the ground — but it's OK because he was still only in his mid-20s.

### His ex-wife was the body double for Jessica Rabbit

Till 1994, Soderbergh was married to Betsy Brantley, an actress who has two minor credits in major motion pictures: she was the body double for Roger Rabbit's curvy wife, and she was Fred Savage's mother in The Princess Bride. Brantley also played his wife in the no-budget 1996 comedy Schizopolis, two years after they were divorced. Which brings us to…

### During a rebellious period, Soderbergh made a super-bizarre no-budget comedy

This isn't the first time Soderbergh has dropped out of Hollywood. After his Palme d'Or smash, Soderbergh made three projects that failed to catch much attention: Kafka, King of the Hill (not the TV show) and The Underneath. These are, respectively; flawed but interesting, a neglected masterpiece and underrated. He became the poster child for squandered potential. So he quit. To refuel his creative juices, he spent three years tackling low budget productions, such as the Spalding Gray monologue film Gray's Anatomy, and doing for-hire writing jobs, including Nightwatch, Mimic and the failed Henry Selick film Toots and the Upside Down House. The most insane of these is Schizopolis, a tiny, excessively idiosyncratic experimental comedy in which he essentially dumps all of the insane comic, alienating ideas he's never used into one film. It's much tighter than that sounds, although sometimes bewildering and even inscrutable. It's also hilarious and incisive into his frail mental state at the time, not only because it featured him acting (hilariously, it should be added — he needs to act a lot more) alongside his recent ex as marrieds. (Her character winds up cheating on him with another character, also played by him.) He published a hilarious self-deprecating book about said period.

### Bizarre Twitter account

As alluded to here, Soderbergh has a strange, wonderfully bizarre sense of humour, which manifests itself even in his dramas, and in "impersonal" Hollywood fare. ("Ocean's Twelve" is one of the silliest sequels ever made.) Soon after his retirement from film, he announced he had a "stealth" Twitter account, which was outed as "@Bitchuation." Every week or so, without announcement, he goes on a tweet bender, spouting inscrutable — and often weirdly sage — pronouncements in 140 characters or less. Right now he's in the middle of writing a Twitter novel, which appears to be a globe-trotting spy story comprised mostly of gnomic utterances and dry silliness. The account doesn't have his name on it, but it did have an official blue "confirmed" check next to it — which has since mysteriously disappeared.

### DVD reviews

## Beautiful Creatures

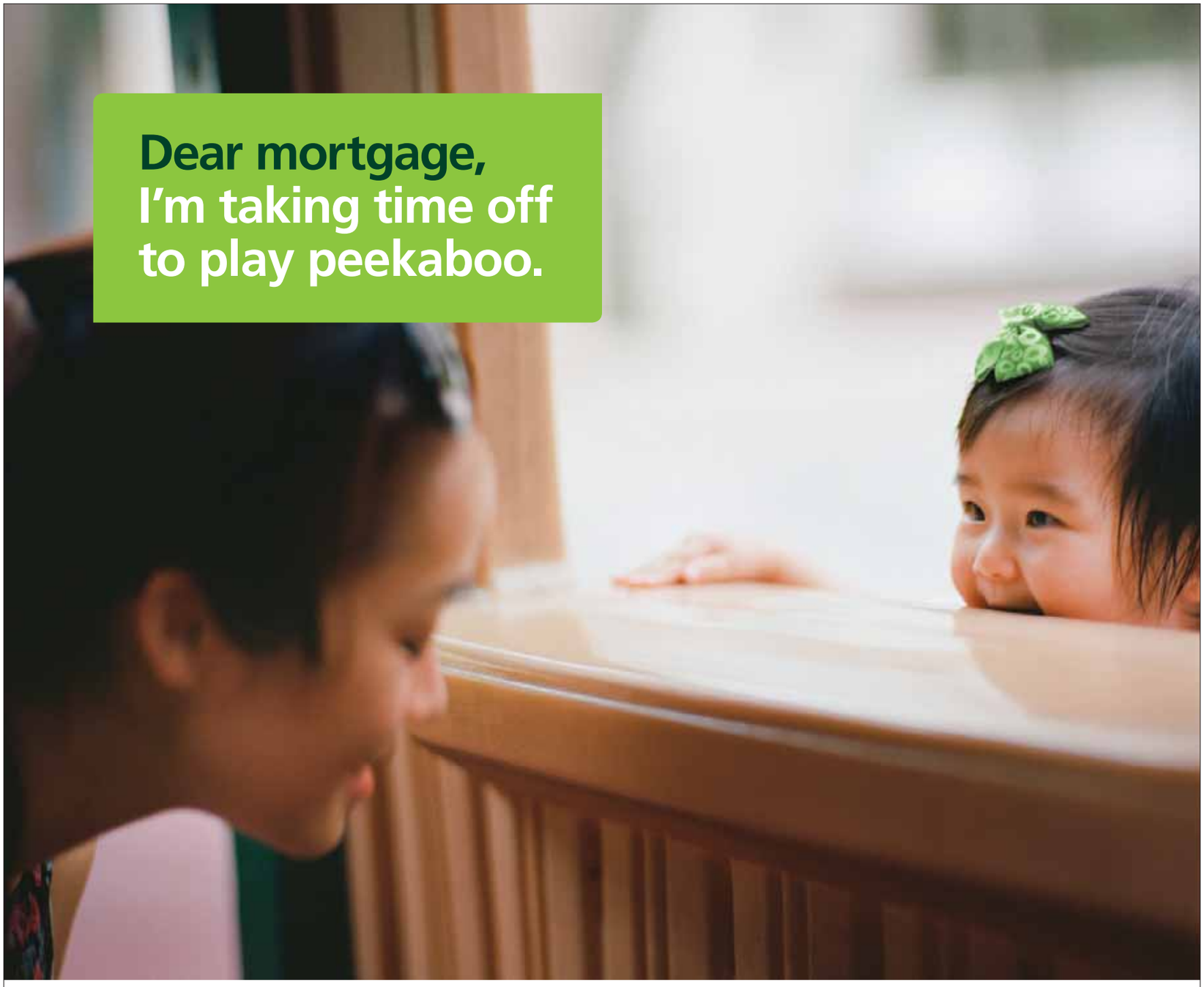
**Director.** Richard LaGravenese

**Stars.** Alden Ehrenreich, Alice Englert, Viola Davis

●●●○○

A momentous life change awaits Lena Duchannes (Alice Englert) upon her 16th birthday: She'll officially become a witch or simply remain a bitch. The terminology in Beautiful Creatures, a movie of heaving bosoms, hearty winks and atrocious southern accents, is that Lena will be "claimed" by family voodoo and involuntarily turned Dark (extremely witchy) or Light (merely bitchy). You might well argue there's not much difference between the two, and that's certainly the view of Lena's erstwhile boyfriend Ethan Wate (Alden Ehrenreich), who is tired of being treated as a doormat by fretful Lena and her freaky kinfolk. But Ethan appreciates absurdity, maybe because he looks like a younger version of Johnny Knoxville from Jackass. So does the movie, written and directed by Richard LaGravenese (P.S. I Love You ), which makes this inevitable attempt to fill the post- Twilight void of supernatural teen romance easy to take. It's based on the first book of the four-volume (and counting) Caster Chronicles by Kami Garcia and Margaret Stohl. Trouble is a-brewin', but Beautiful Creatures is in no rush to get there or to make the story excessively grave. This may disappoint moviegoers who prefer to see bloody bite marks and exploding heads. Extras include deleted scenes and making-of featurettes.

PETER HOWELL




**Take time off from your mortgage payment.** Our TD flexible mortgage feature comes with life in mind. You have the option to save up, then take a payment vacation for up to 4 months.[1] How you spend your payment vacation, well that's up to you.

**For more information visit a branch or tdcanadatrust.com/paymentvacation or call 1-866-492-4938 today.**

TD Banking can be this comfortable.

[1] Some conditions apply and subject to approval.

®/The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.

# What to do when you are 'blessed'

**Role responsibility.** Benjamin Bratt was compelled to play a role in The Lesser Blessed after being drawn to its story

Benjamin Bratt. THE CANADIAN PRESS

Benjamin Bratt says he felt a "moral responsibility" to take on the role of an honourable native father figure in the Canadian film The Lesser Blessed.

The former Law & Order star says he was blown away by the script for the coming-of-age tale, set in the Northwest Territories and centred on a 16-year-old loner haunted by a painful upbringing.

"What was equally important to me as an actor was to be a part of a story that ... portrayed the native community in a way that you rarely, if ever, get a chance to see in cinema, or even in mainstream media period," Bratt said during a round of interviews at last September's Toronto International Film Festival.

"Because we are all so familiar with that dysfunction that exists within the community, I felt it was my duty, really, as a native person, to portray a character who was in fact the opposite of what that perception is. Because we do exist."

Adapted from the debut novel of native Canadian writer Richard Van Camp, The Lesser Blessed traces the story of headbanger Larry Sole, who lurks on the fringes of his high school until a cocky new kid named Johnny comes to town and takes him under his wing.

It stars rookie actor Joel Evans, who just happens to come from Van Camp's hometown of Fort Smith in the Northwest Territories, where the story is also set.

Kiowa Gordon plays Johnny, Chloe Rose portrays their common love interest Juliet and Tamara Podemski plays Larry's hard-working single mom, Verna.

Bratt, whose mother is South American Indian from Peru, turns up as Jed — Verna's boyfriend and one of the few positive influences in Larry's life.

"My whole career has been a balancing act between satisfying both those practical needs and artistic sensibility," Bratt says of an eclectic career that includes stints on the sitcom Modern Family and this challenging project, which was shot in Sudbury, Ont.

"Here is a character, a man, who is quite proud of his heritage and recognizes the importance of sharing the wisdom of the elders and their traditions, the music, the language, the prayer. He recognizes the importance of imparting that wisdom to a young person and balancing it all the time with a Western sensibility."

Anita Doron, who directs her own adapted screenplay, says she wanted Bratt for the role after seeing him in the 2001 biopic Pinero.

"I wanted him to play Jed for a very long time and when the script was ready we sent it to him and I met with him and he was this lovely intelligent person," she says.

"His experience is quite different but once he met Richard and I sent him a lot of material and he soaked it in and he felt like he was ready to represent the particularities of Jed and the Slavey culture, he went for it."

Bratt says much of his early years were steeped in aboriginal traditions. From the age of five he was brought up in the native American community of San Francisco, which he says was one of the larger urban native populations in the United States at the time.

THE CANADIAN PRESS

**On the outside looking in**

**Benjamin Bratt says it's the attention to detail that makes The Lesser Blessed so special. "What I loved most was that it was from a uniquely (and) culturally and geographically specific region, in this case from a native perspective," says Bratt. "But it was raw and authentic and funny and really captured the essence of what it is to be a teenager who feels like an outsider."**

# Breakthrough group. Success no obstacle for Juno winners Monster Truck

Climbing the steps: Canadian rock outfit Monster Truck. CANADIAN PRESS/NATHAN DENETTE

The four members of headbanging Hamilton rock outfit Monster Truck are not new to the Canadian music scene, having spent the past decade diligently slugging away in bands including Saint Alvia, The Reason and Eaglefight.

But there's one crucial difference already being felt by the quartet ahead of Tuesday's release of their debut LP Furiosity, and it's one summed up by bassist/singer Jon Harvey with a succinctness appropriate for a band known for no-nonsense chug-and-slug rock.

That difference?

"I'd say: success," Harvey says with a smile.

He elaborates no further as his more garrulous guitarist Jeremy Widerman picks up where he left off, but in this case, perhaps no more information was really needed.

For one thing, Monster Truck claimed a Juno Award, for breakthrough group of the year, at last month's ceremony in Regina, without a full-length album to their name. And on this day, the foursome is navigating a packed day of press with slight weariness but more appreciation, having encountered enough media indifference with past projects.

Of course, there are plenty of reasons Monster Truck is attracting so much attention. Garnering comparisons to Saskatoon's shaggy retro-minded Southern rockers the Sheepdogs, Monster Truck is a throwback that mines '70s riff-rock and sludge-slinging '90s grunge in almost equal measure, simultaneously inspiring well-earned comparisons to Deep Purple (for whom they opened) and Soundgarden.

The band came together in organic — even coincidental — fashion. Monster Truck was the group's nickname for drummer Steve Kiely's "loud and crappy" van. They joked that it would be a good name for a band. Two days later, they were having their first practice.

For years, they had mused on starting a riff-rock band, just idle chit-chat while hanging out and "smoking lots of joints." They talked about it more than they meant to do it, but once the moniker emerged, everything else fell into place.

The band would be a "cover band with no cover songs," Widerman explains. It was a lark, and one that they didn't necessarily take all that seriously at first. "It was just for fun," Harvey explains. "Beer money."

But things started to happen fast. In previous bands, Widerman and Harvey agree that they were somewhat strategic in their thinking, but this time, none of those concerns seemed relevant. They just played, since after all, what chance did Monster Truck have to succeed?

"Once we stopped caring about it, those things started coming after us," Widerman recalls. "And it kind of was like, we had these tour offers and these show offers and people wanting us to go here and there. We had to reassess what we were doing. Are we going to go for this all the way? Are we going to buy a van? Are we going to take time off work?

"(We) kind of just decided that was something we wanted to give one last shot at."

And it was well worth the shot as good things have been happening to his group of late.

They can hardly believe it. Certainly, if you could go back to the band's nascent stages and tell the band's then-disillusioned principal members of their impending good fortune — Juno wins, high-profile tours, major-label distribution — you would have been promptly dismissed.

"I would have laughed in your face," Widerman said. "But the bigger shocker to us would've been Slash is going to wear your shirt onstage. I'd be like: 'You are high. You are so high. There's no way that's going to happen.' And like, you're going to open for Deep Purple — there was no way that they are even going to know the existence of me for their entire life. "Those moments were those things that you never count on or expect and when they happen it's just one of the sweetest things. And we couldn't be more grateful for the opportunities we've been given."

THE CANADIAN PRESS

RETAIL TEAM
You're hip, creative, cool and savvy... into makeup – and the art of M·A·C. Currently we're seeking:
MAKEUP ARTISTS
Cosmetic training and 1+ years retail experience required.
CAREER FAIR
Tuesday, June 4, 2013
906-12th Avenue SW
Suite 905
11am - 5pm
Dress code: Professional M·A·C black and full makeup. Makeup interview to be held at another date.
M·A·C

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: June 19th- 23rd, 2013
Next Seminar: June 11th, 2013 @ 7pm
Travelodge University Hotel - 2227 Banff Trail NW
www.globaltesol.com
GLOBAL TESOL COLLEGE

THE GREATEST CLUB SINCE "SANDWICH"
JOIN CLUB METRO TODAY!
CLUBMETRO.COM

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Amanda Bynes

## Bristling Bynes lets off too much steam on Twitter

Amanda Bynes is on the warpath, taking to Twitter to blast media outlets that reported on her recent arrest and start trouble with pop star Rihanna.

Bynes tweeted directly at the singer with the shocking, "Chris Brown beat you because you're not pretty enough." She followed that up with, "I almost named my new dog Rihanna." She later deleted all posts related to the singer. As for the media, responding to E! News' report that she'd thrown a bong out her apartment window before being arrested, Bynes tweeted: "Nothing was thrown out the window! They asked if a vase was a bong, to which I replied no, that's a vase. "Stop writing pathetic articles about me! E! isn't run by beauty queens like me! I've met you all! You're a bunch of drug users and alcoholics! I don't drink or do drugs!"

**The Word**

## *Pattinson packs up — pooches and all — and moves out of casa del K-Stew*

Robert Pattinson spent Memorial Day weekend moving back into his own home, a Spanish-style villa similar to ex-girlfriend Kristen Stewart's and only a few miles away in the Los Feliz neighbourhood of L.A., according to TMZ. He was spotted last week removing belongings — as well as his two dogs — from Stewart's nearby home, which the two had been sharing. Stewart, meanwhile, was caught off-guard by a swarm of paparazzi in an underground parking garage this weekend and responded with a pair of middle fingers.

## Controversial Polanski takes a pop at the Pill

Roman Polanski isn't necessarily a fan of birth control, complaining during a press conference in Cannes for his new film, Venus in Furs, that the Pill has had a "masculinizing" effect on women. The 79-year-old director says the Pill has "changed the place of women in our times." He also gripes that moves toward gender equality are having a negative impact on chivalry, noting that "offering flowers to a lady" has now become "indecent." Polanski's wife, Emmanuelle Seigner, stars in Venus in Furs as a strong actress dominating her director during the production of a play.

Roman Polanski

Stylish urban architecture lives at Walden.

walden park

ESTATE HOMES STARTING FROM THE
$510s

ARRIVA 2 MODEL HOME NOW OPEN

LIMITED OPPORTUNITY

- Larger estate lots
- Great selection of homesites
- Eclectic architectural styles
- Walk-out lots
- Unique urban-modern elevations
- Front landscaping included

**Sales Centre:** 14 Walden Close SE • 587.350.1129

**Built for real life.**
CARDELHOMES.COM
CARDEL HOMES

THEY CAN'T BUILD IT UNTIL YOU DESIGN IT
WHAT WILL YOU DESIGN
AS AN ARCHITECTURAL CAD TECHNICIAN GRADUATE?
NOW ACCEPTING APPLICATIONS FOR SUMMER TERM
CALL TODAY 1.877.414.0200
digitalschool.ca
DIGITAL School
YOUR BIM & CAD COLLEGE
#304, 10205-101 STREET, EDMONTON

LIFE 3

# Without protection, summer paradise can be a nightmare

**Summer health.** Check your body — and your SPF — to stay safe this summer when you're having fun in the sun

Even though skin cancer can be as deadly as breast or any other cancer, people still take chances with sun and tanning bed exposure. Every year, there are more new cases of skin cancer than breast, prostate, lung and colon cancer combined, according to The Skin Cancer Foundation.

We had Dr. Sarah Gora, medical and scientific relations leader at Vichy Laboratories, and Dr. Ellen Marmur, a board-certified dermatologist and member of the American Academy of Dermatology, give us the lowdown on staying healthy.

**Are people wearing enough sunscreen?**

"No, most people don't, and most people apply sunscreen too thinly. At Vichy we recommend using half a teaspoon for the face and at least 30 ml (the equivalent of a golf ball) for an adult body," says Gora. A good general rule, she adds, is to reapply every two hours of sun time. If you're swimming and perspiring apply more often. "(People) forget about their ears, their neck, the back of their hands, parts of their feet, their scalp and their lips. And if you can't reach it, have someone apply sunscreen there for you."

**Tanning beds**

**Did you know?**

- **Get out of the bed.** Just one (one!) session in a tanning bed ups your risk of melanoma by 20 per cent, according to The Skin Cancer Foundation.

**Metro's pick**

- **Hate the greasy feel of sunscreen?** Vichy Capital Soleil Sheer Lotion SPF 45 Bare Skin Feel ($29.95) is designed to feel light on the skin, with a non-oil or sticky finish.

**What SPF should we all be wearing?**

"The choice of the SPF index (UVB only) depends on your skin's phototype and the sun exposure length and intensity. If your phototype index is low (fair skin), it requires a higher SPF index," says Gora. "Intense exposure to sun, such as a day on the beach, also requires a higher SPF index and a protection against UVA. For a weak sun exposition and for the average person, we recommend a minimum SPF index of 30."

Lather up before you lap up those rays. ISTOCK PHOTOS

**Seriously, stop tanning**

"Tanning beds are known to increase the risk of skin cancers by 75 per cent," Marmur says. "No one should use them."

**Can you please explain the difference between UVA and UVB?**

"From sun radiation, we receive ultraviolet (UV) rays A and B (UVC are globally stopped by the ozone layer). UVB (five per cent of UV rays) are well-known to be responsible for tan and sunburn, but they are also involved in skin cancer development," says Gora. "UVB rays do not cross through glass and are partially absorbed by cloud. Therefore they are mainly present during the summer and between 10 and 2 p.m. UVA (short and long) represent 95 per cent of the UV radiation received. They are not blocked by glass and they are responsible for immediate pigmentation, skin aging, sun intolerance and skin cancer. Long UVA, the most prominent UV rays (75 per cent of UV rays) penetrate deeply into the skin and are responsible for many damages in the skin with a build-up and long term effects."

LINDA CLARKE AND METRO

**Superstar support**

## *Landon Donovan on why sunscreen matters*

Landon Donovan has won titles on the pitch, but now he's trying to help out off it.

"I've spent most of my life playing soccer outdoors, but I wasn't always diligent in applying sunscreen. That all changed when my father discovered a bump on his eyelid that turned out to be skin cancer. My father was lucky to have caught it early. He's now cancer-free. Many men overlook the importance of sun protection. In 2012, The Skin Cancer Foundation found that nearly half of men don't wear sunscreen. So, I've partnered with The Skin Cancer Foundation and the makers of Banana Boat and Hawaiian Tropic sunscreens to educate men on the risk and how they can protect themselves. Visit sunblunders.com to learn more."

Landon Donovan. GETTY IMAGES

Global Energy Career Expo
Recruiting Tomorrow's Energy
June 12 – 13 Stampede Park
@MyEnergyCareer | #GECE13
ENER JOBS ENERGIZE YOUR CAREER PR GET HIRE
Energy industry professionals – see if you qualify, and pre-register online
Enter reference code: METRO
globalenergycareerexpo.com

Make sure your bbq is a success by being a pro-active chef. ISTOCK PHOTO

# Avoid allergen triggers to keep guests safe when barbecuing

**Summer health safety.** Don't wait for the worst to happen, make sure you ask your guests before you serve up some bbq

When it comes to summer barbecues, one allergy expert says it's wise to ask guests about food sensitivities long before you fire up the grill.

"Have that conversation with them before they come about what options would be good for them, what alternative choices might be good for them," says Marilyn Allen, a food allergy and anaphylaxis consultant.

"The goal would be to either avoid those allergens in your menu, in your recipes, or to make a separate plate or separate serving for the person who's allergic."

Anaphylaxis is a potentially life-threatening allergic reaction that can take place within seconds or minutes after exposure to an allergen.

Allen's daughter Robyn died at age 15 in 1990 when she ingested a microscopic amount of peanut butter that was transferred from a knife to the butter that Robyn later spread on bread.

Since then, Allen has lobbied Health Canada to change food labelling and helped author a new training manual called Allergy Training Basics for the Foodservice and Food Retail Industry, published and distributed by Anaphylaxis Canada and TrainCan Inc.

Last August, new rules came into effect requiring manufacturers to clearly identify the presence of ingredients that could cause an allergic reaction. Health Canada lists 10 priority food allergens in the regulations, including peanuts, eggs, milk, mustard, tree nuts, wheat, soy, sesame, seafood (fish, crustaceans, shellfish) and sulphites (a food additive).

THE CANADIAN PRESS

**Better safe than sorry**

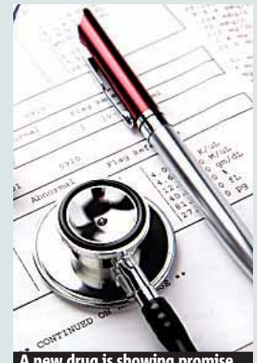
**"The goal would be to either avoid those allergens in your menu, in your recipes, or to make a separate plate."**

**Marilyn Allen**
A food allergy and anaphylaxis consultant.

**Best Health**

## *New hope for MS patients*

**BEST HEALTH MINUTE**
Bonnie Munday
Editor-in-chief
Best Health Magazine



A new drug is showing promise for MS patients. ISTOCK PHOTOS

May is Multiple Sclerosis Awareness Month, and there's good news in the current issue of Best Health. A drug that was previously used to treat a type of leukemia has been found to benefit patients with early MS — both those who have not yet been treated for MS and those who did not respond to the first drug they were prescribed.

According to the results of two phase III clinical trials published in the journal The Lancet, the drug, called Alemtuzumab, reduces the number of relapses experienced by MS patients, when compared to a drug commonly used to treat MS called interferon beta-1a (Rebif).

In one two-year study, 65 per cent of patients on Alemtuzumab remained relapse-free, compared to 47 per cent of patients on interferon beta-1a.

However, adverse events were higher in the alemtuzumab group.

It's not yet known when, or if, the drug may become available for Canadians, but the MS Society of Canada is monitoring activities related to alemtuzumab and will provide updates on its website (mssociety.ca).

**TO CLAIM YOUR FREE COPY OF A FUTURE ISSUE OF BEST HEALTH MAGAZINE, GO TO BESTHEALTHMAG.CA/METRONEWS.**

bodhi
well-being and healing center

We are an authorized center for Pranic Healing in Calgary. It is affiliated to the Canadian Pranic Healers Association in Canada as well as the World Pranic Healing Foundation and the Institute for Inner Studies, Philippines.

Pranic Healing is an ancient science and art of healing introduced by Grand Master Choa Kok Sui in the early 1990's. It is a highly advanced and potent, no touch, and no drug healing modality. In Sanskrit, 'Prana' means life force, which is synonymous with 'Chi' in Chinese or 'Ki' in Japanese.

PRANIC HEALING IS EASY TO LEARN AND APPLY. IT HELPS TO MAINTAIN GOOD HEALTH BY CLEANSING & BALANCEING THE ENERGY BODY. IT IS BASED ON 2 PRINCIPLE LAWS:

1 Law of self-recovery
2 Law of life-energy

Pranic Healing can be used for treating as well as preventing physical, mental, emotional, and psychological problems. These techniques can be applied collectively in one's day-to-day life, including in maintaining one's relationships, finances, pets, plants and homes. Pranic Healing can also assist in the safe and rapid growth in one's spiritual journey.

WE CONDUCT REGULAR PRANIC HEALING WORKSHOPS & MEDITATION EVENINGS.
FOR MORE INFO PLS CONTACT US AT:
403-918-6225
REJUVENATE@BODHIWELLBEING.COM
403-452-1469
BODHIWELLBEING.COM

# Shellfish Kabobs are easy as presto, or in this case, pesto

This recipe serves four and contains 229 calories and 11 grams of fat per serving. BRIAN MACDONALD, ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

These shellfish kabobs make a great appetizer or an entree when served over rice or couscous. If shellfish isn't what you like, fish such as salmon and halibut are equally delicious. Feel free to use any combination of vegetables (as in the photo).

If you're using wooden skewers, soak them for at least 20 minutes in water before barbecuing.

**Ingredients**

- 8 oz medium scallops
- 8 oz peeled and deveined large shrimp
- 16 cherry tomatoes (or a combination of bell pepper and red onion)
- 1 cup packed fresh basil leaves
- 2 tbsp grated Parmesan cheese
- 1 tbsp toasted pine nuts
- 2 tbsp light cream cheese
- 1 tsp minced fresh garlic
- 3 tbsp low-sodium chicken stock or water
- 2 tbsp olive oil

**1.** Thread the scallops, shrimp and tomatoes evenly onto 4 large or 8 small skewers.

**2.** To make the pesto, purée the basil, Parmesan, pine nuts, cream cheese, garlic, stock and oil in the bowl of a small food processor until smooth. Brush half the pesto over the kabobs.

**3.** Preheat a grill to high, or spray a non-stick skillet with cooking oil and place over high heat. Grill or sauté the kabobs on both sides just until cooked, about 5 minutes. Serve with the remaining pesto. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

**Health Solutions**

## *Vinegar isn't just for windows*

NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Thank goodness the balsamic vinegar bullying is over.

The range of vinegars goes well beyond the bold or the pale white. The nuance of tastes and uses of vinegar is coming into its own.

Aging in oak barrels and imported starters called "vinegar mother" are creating exquisite products.

Gingras Vinegars, for instance, say "the noble vinegar mother from France converts alcohol to acetic acid in apple cider. The oak cask imparts flavour and colour." Sounds a lot like fine wine and not something you sprinkle on fries.

- Snazzy cocktail makers are using a splash in drinks
- Salads benefit from a finer, less sharp, richer vinegar
- Many swear by a teaspoonful of apple cider vinegar for indigestion
- A splash of vinegar in a broth helps remove more calcium from bones to the liquid
- Boil down a cheaper vinegar to intensify its flavour and use as a drizzle

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

ABM COLLEGE

GET JOB READY FAST! Enroll Now.

Become a **Health Care Aide** in **5 Months**

- We offer **Alberta Government** approved programs, that lead to a rewarding career
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends
- Funding and employment services available

Health Care Aide

403.719.4300
3516 26 Street NE, Calgary AB
(Opp. Greenwood Inn)

your **FUTURE** starts here...
info@abmcollege.com
www.abmcollege.com

Health Care Aide • Medical Office Assistant • Massage Therapy
Business Administration • Accounting & Payroll • First Aid & CPR

SYMPHONIC SPACE MAY 30, 2013 / 6:30 TO 7:30 PM

JACK SINGER CONCERT HALL / TICKET PRICES START AT $25 / CPO-LIVE.COM

Forget Billboard hits that span decades, this hair-raising music spans centuries.
Come lift a glass to the past with an hour of Gustav Holst's ode to the Solar System.

Calgary Philharmonic Orchestra RUSH HOUR Powered by ENBRIDGE

These moms curse a lot, drink to excess, reveal scary truths and draw twisted little stick figures of their kids pooping and whining relentlessly. And they're bringing their derelict parenting to you. The authors behind a fresh round of parenting books love their munchkins, to be sure, but there's something about the scorched earth narrative that sells memoirish parenting books these days. Is the goal an instructional one? Inspirational? How about some advice?

THE ASSOCIATED PRESS

# Four ways to get fresh parenting advice

## Scary mommy

Jill Smokler's Scary Mommy certainly can't do it all. Motherhood Comes Naturally (And Other Vicious Lies) is her second spin off of her popular blog and parenting community at Scarymommy.com. The first was Confessions of a Scary Mommy. The 35-year-old mom of three, including boys just 20 months apart, has noticed a difference in exactly how much filth and frustration parents are willing to reveal in the five long years since she first put up her blog.

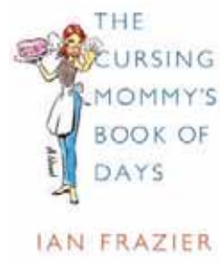
"There wasn't this acceptance about being this sort of less-than-perfect mother, but all of a sudden it feels like that is becoming the norm rather than the exception," said Smokler, in Baltimore, Md. "There came a tipping point where everybody just couldn't keep up that facade anymore and there was just a backlash, and here we are."

## No advice

"No, there isn't any. I don't have anything. No advice. Nobody has any advice," laughed Amber Dusick, a Los Angeles mother of two who brings us Parenting: Illustrated with Crappy Pictures. The book's 50 "crappy laws of parenting" include this at No. 16: "When you sneak to the pantry to eat chocolate, you will get caught."

Dusick, whose boys are six and three, began blogging nearly two years ago. Her childlike drawings lend a creepy air to life with the Crappy family, including that fateful day when they all get sick. Tempers and temperatures flare, and bodily fluids fly all night, brought alive by her hollow-eyed illustrations.

## The expletive-infused parent




Ian Frazier's popular cursing mommy character from his columns in The New Yorker now has her own novel called The Cursing Mommy's Book of Days, a diary of dereliction spread over a year of boozing, bad parenting and expletive-infused mockery of a capacitor-hoarding husband named Larry.

There's this entry for Wednesday, April 13: "Yes, lying in a steaming tub with a bottle of Kahlua and ignoring the children's knocks on the bathroom door all afternoon is not the most mature coping strategy. So stipulated, your honour!"

## Can you do it all?

"We've opened up the dialogue," offered Nicole Knepper, who has two kids and wrote Moms who Drink and Swear, complete with a chapter titled, Suck it, Santa Claus.

"People have really found ways to be more authentic about who they are and how it affects us as parents. My mom's generation, they did a lot of pushing down their own interests and their own personalities because they were all about the kids, and this was their job and their focus, whereas my generation (She's 43 and lives in Plainfield, Ill.), the expectations are different. You multi-task. You do it all, only nobody can do it all well."

The first time is special — when it comes to home ownership. ISTOCK IMAGES

# Are you going to get into your dream home?

**Money.** Prospective homeowners faced with challenges previous generations didn't have — but it's not all bad news

YOUR MONEY
Alison Griffiths
money@metronews.ca

There are a few million millennials dying to have a home of their own.

However, despite record low interest rates, they're confronted with huge challenges not faced by previous generations.

Aside from anything else, research is clear that young buyers are earning relatively less than their parents did with reduced job security and fewer benefits regardless of education.

The good news is the real estate market is softening. Sales volumes are declining and unsold inventories are building, historically both are precursors of lower prices.

For example, the Halton Region is a desirable community served by rapid transit just outside Toronto. According to real estate and mortgage agent Domenic Manchisi, residential inventory stood at 1.9 months a year ago. It's now 2.6 months, meaning if no other properties came on the market it would take that long to sell everything.

"When inventories reach about four and a half months we're slipping into a buyer's market," he says.

It's still a far cry from 2009 when there was 7.5 to eight months of inventory in Halton. However, there are clear signs across the country that the trend is similarly tilting in favour of house hunters.

The toughest part of buying for newbies is the down payment. Manchisi advises buyers to focus on carrying costs, which are relatively lower than they were for their parents.

TD senior economist Sonya Gulati points out that 1988 average house prices were just under $130,000 in Canada. Today they are just more than $361,000.

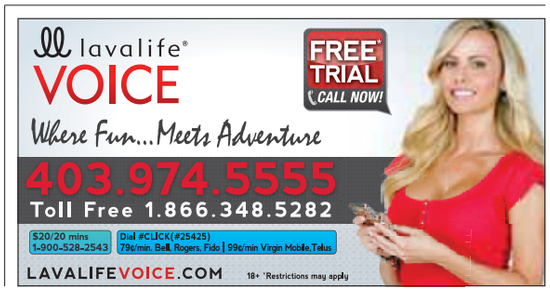
Assuming a typical 10 per cent down payment, milliennial parents had monthly mortgage costs of $1,310 with an interest rate of 12 per cent. Today, at a three per cent fixed rate and with a 20 per cent down payment (required to avoid mandatory mortgage insurance) the monthly outlay would be $1,391. (Bear in mind today's dollar has considerably less buying power than it did in 1988.)

"Young buyers should look at a five-year closed rate at around 2.9 per cent, but I'd be accelerating my payments as if it was four per cent," Manchisi advises.

Manchisi refinanced his rental properties when rates plunged but kept the payments at 5 per cent.

"I shaved six or seven years off the life of the mortgages and will end up saving $90,000."

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca



# Canadians a boot to have limits tested

**Into the wild.** Canadian women embark on three-week boot camp in preparation for 2014 Winter Olympic season

Jenelle Kohanchuk wondered if she would really need bear spray. Caroline Ouellette armed herself with swimming lessons.

The 27 Canadians chosen to try out for the 2014 Olympic women's hockey team departed Monday for Penticton, B.C., where they will be pushed to their breaking points at a three-week boot camp.

The 16 who have already experienced pre-Olympic boot camps know their physical and mental limits will be tested.

The rest, like Winnipeg's Kohanchuk, are about to find out what the veterans know.

"They've scared me, but at the same time, they're preparing me," the 23-year-old forward said. "They just said that I'm going to be exhausted and sometimes I might get left in the woods, but I think they're just trying to scare me.

"I am kind of nervous because you need to bring bear spray. I just hope it's not actually like that. I'm excited at the same time, but nervous because I don't want anything bad to happen."

Head coach Dan Church and assistants Lisa Haley and Danielle Goyette haven't told the players what is in store in Penticton.

Boot camp has been a part of the women's Olympic preparation since they held one in Valcartier, Que., prior to the 2002 Games.

"This is where we set the stage for everything to happen in the next 10 months," said Kalli Quinn, Hockey Canada's director of female hockey.

In Dawson Creek, B.C., before the 2010 Games, they rock climbed, kick-boxed, ran and rode their bikes through mountainous bear territory in addition to the usual skating and weight-training sessions. For those who couldn't swim, the triathlon was terrifying.

"I took a lesson this year because I honestly was one of the worst on the team.... I totally stink and I didn't want to be that person," said Ouellette.

THE CANADIAN PRESS

Canadian women's captain Hayley Wickenheiser speaks to reporters in Calgary on Monday before the national team left for a three-week boot camp in Penticton, B.C. JEFF MCINTOSH/THE CANADIAN PRESS

**Pushing boundaries**

**"You get to see people, teammates in their everyday life under fatigue and adversity, and that's really when the true character and personalities come out."**

Five-time Olympian Hayley Wickenheiser

**The gain beyond the pain**

**There is a point to boot camp and it's not cruelty, according to Lisa Haley.**

- "That's definitely not the purpose," the assistant coach said. "What we really want to see them do is get to that limit and see if they can push that extra little bit beyond it."
- When camp ends June 19, they'll go to their hometowns before returning to Calgary in August.

CFL

## Alouettes sign 3 Dinos draft picks

The Montreal Alouettes signed first-round draft picks Mike Edem and Steven Lumbala, as well as fourth-rounder Michael Klassen, on Monday.

All three Calgary Dinos signed two-year contracts.

Edem, selected third overall, is a linebacker who was named Canada West defensive player of the year. Lumbala, a Montreal native, is a running back taken fifth overall. Klassen, chosen 32nd, plays on the defensive line.

THE CANADIAN PRESS

MLB

## Jays make Braves pitcher pay to open series

Edwin Encarnacion hit a three-run homer while Colby Rasmus and J.P. Arencibia each hit two-run shots as the Toronto Blue Jays opened a home-and-home series with Atlanta by defeating the Braves 9-3 on Monday.

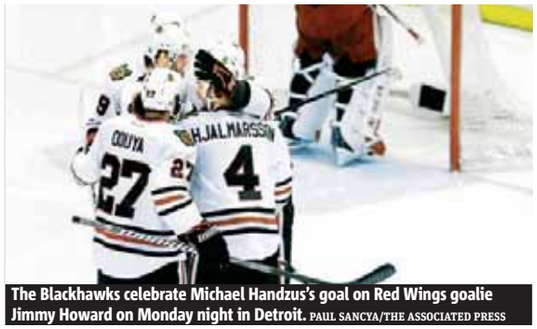
Mark Buehrle (2-3) was solid through six innings for the Blue Jays (22-29), with one earned run allowed on five hits, two walks and six strikeouts.

Tim Hudson (4-4) also went six for the Braves but his pitching line wasn't so flattering. The right-hander gave up six runs on eight hits with just one strikeout.

He was replaced in the seventh by reliever Cory Rasmus, Colby's brother, who made his second major-league appearance and lost points in the sibling rivalry.

THE CANADIAN PRESS

# Blackhawks bring it home for Game 7 finale



The Blackhawks celebrate Michael Handzus's goal on Red Wings goalie Jimmy Howard on Monday night in Detroit. PAUL SANCYA/THE ASSOCIATED PRESS

Bryan Bickell scored a go-ahead goal early in the third period and the Chicago Blackhawks held on to beat the Detroit Red Wings 4-3 in Game 6 on Monday night, giving the NHL's top-seeded team a shot to advance to the Western Conference finals.

The Blackhawks, who trailed the second-round series 3-1, began the third down by one and were up by two goals midway through the period after an offensive flurry. They needed the cushion because Damien Brunner scored with 52 seconds left to pull Detroit within one.

The Red Wings pulled their goaltender, but they were unable to score with the extra skater.

Detroit carried a 2-1 lead into the third but Michal Handzus tied it in the opening minute of the final period. Bickell scored about five minutes later. Michael Frolik's backhander on a penalty shot at the 9:43 mark put the Blackhawks ahead 4-2 and silenced the once-raucous crowd.

The Blackhawks will have the fans on their side Wednesday in Game 7.

THE ASSOCIATED PRESS

**On Monday**

| 4 | 3 |
|---|---|
| Blackhawks | Red Wings |

See today's answers at metronews.ca/answers.

## Horoscopes

### Aries
**March 21 - April 20**
Think big today. With so much activity in the mind area of your chart, your brain will be overflowing with ideas. Many of them will be good.

### Taurus
**April 21 - May 21**
Venus, your ruler, links with Jupiter, planet of good fortune, in the money area of your chart today, which suggests good things if you think positive and act fast when an opportunity arises.

### Gemini
**May 22 - June 21**
No matter how many serious issues you have to take care of, you must make time for some fun over the next 24 hours. There are so many great things going on in your world. Don't miss out on them.

### Cancer
**June 22 - July 23**
You may be tempted to keep your thoughts to yourself because you don't want to rock the boat but you know that would be a mistake. If you see an injustice, speak up.

### Leo
**July 24 - Aug. 23**
Push work worries to the back of your mind and focus on friendships. You cannot escape your obligations but neither do you have to let them rule your life. Think happy thoughts and happy things will occur.

### Virgo
**Aug. 24 - Sept. 23**
Whatever it is you have to work on today, you will be at your most efficient. Not everyone is as organized and focused as you though so try to be patient with those who find it hard to keep up.

### Libra
**Sept. 24 - Oct. 23**
Someone you work with will get on your nerves today but be tolerant because they possess something you need. It's unlikely they will choose to give it to you if you hurt their feelings.

### Scorpio
**Oct. 24 - Nov. 22**
Don't worry too much about the injustices of the world because you cannot possibly resolve them all. What you can do though is be kind to people you meet one-to-one. Even a smile makes the world better.

### Sagittarius
**Nov. 23 - Dec. 21**
Don't listen to that nagging voice at the back of your mind that is trying to convince you that having fun is a sin. Life is about loving and laughing and learning. Have more fun.

### Capricorn
**Dec. 22 - Jan. 20**
Do something that shakes up those people who seem to have slipped into an easygoing mode of thought and action. There is a world out there waiting to be conquered.

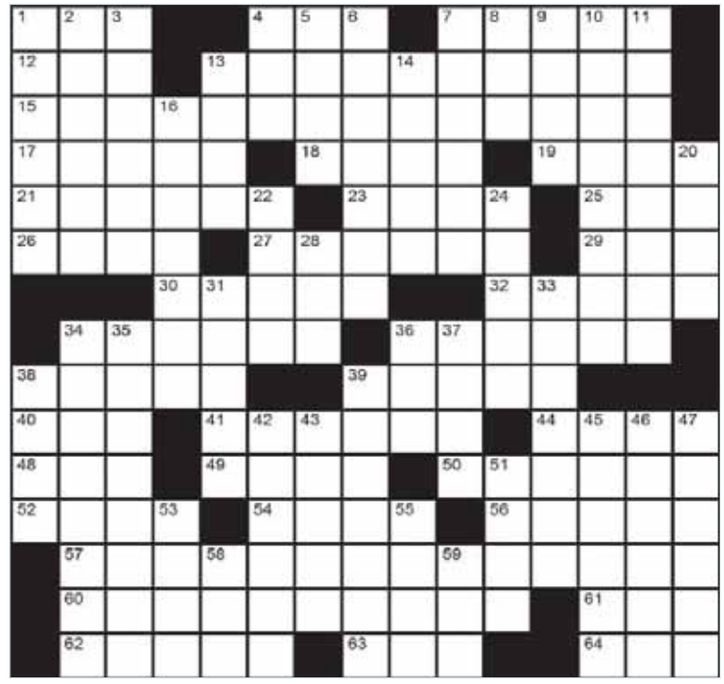
### Aquarius
**Jan. 21 - Feb. 19**
Your conscience demands that you follow a certain course of action and you know from long experience that if you don't obey, you will regret it later. Do what has to be done and make sure you do it well.

### Pisces
**Feb. 20 - March 20**
You may want to gossip today but keep what you know to yourself. If you get a reputation as a bit of a blabbermouth, no one will tell you anything.

SALLY BROMPTON

## Crossword: Canada Across and Down

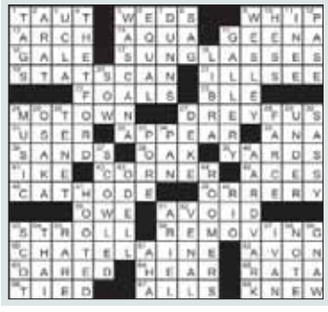
BY KELLY ANN BUCHANAN



**Across**
1. Canuck financial inst.
4. '70s sitcom starring Don Rickles, "___ Sharkey"
7. Ancient philosopher
12. Leandro's beloved
13. Metal band of "Run to the Hills": 2 wds.
15. Water between PEI and NB/NS, __ Strait
17. Tedium
18. Mark from hail damage
19. Calendar's period
21. Surgically-inserted 'tubes'
23. __-tongued
25. Tina Turner's birth name, Anna __ Bullock
26. Head, in Hull
27. Moviedom's Jack Sparrow, for one
29. Plane's take-off info
30. Reprimand
32. Bluegrass instrument
34. Gets around, as an issue
36. __-Anne-des-Monts, Quebec
38. Feudal†lord
39. Johnny Depp's role in movie "The Lone Ranger"
40. Insect immobilizer
41. Walked confidently
44. Commercial, e.g.: 2 wds.
48. Ball
49. Cooking fat
50. Ground sesames paste
52. Actress Ms. Phillips
54. Father of Manitoba
56. Mails
57. Gothic church's architectural support: 2 wds.
60. Aristocratic headwear at races or weddings
61. Riddle-me-__
62. Followers
63. Snazzy stone
64. Yeps

**Down**
1. Make a new home, as a bird
2. English novelist Emily (b.1818 - d.1848)
3. Trumpet-like instrument
4. Grand __ (Wine classification)
5. Ceremonial magnificence
6. In agreement, as with a project: 2 wds.
7. "Sit down already!": 2 wds.
8. Rap music's Kim
9. Meat Loaf's birth name, Marvin Lee __
10. Slumlord's housing
11. Michael __ (Canadian author of Booker Prize winning novel The English Patient)
13. "___ the jackpot!!!"
14. Holy birthplace of Muhammad
16. Listens to the radio: 2 wds.
20. Fix over again
22. Detect
24. Credit's opposite
28. They, in Montreal
31. Salad green
33. One more
34. Lawmen in Western movies
35. Reason for Madonna's red string bracelet
36. Saskatchewan attraction, Addison __ House
37. Without _ __ (Daringly)
38. Deuces
39. One's great for carrying books: 2 wds.
42. Produce purchase
43. Rule on the throne
45. Hangout for grapes
46. CBC's Atlantic Canada themed program, "Land __ __"
47. Slangy insults
51. Stars sci.
53. Wall St. landmark, commonly
55. Minstrel's pear-shaped instrument
58. Freezer tray content
59. Mr. Cruise

## Yesterday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 7 | | 9 | | 3 | | 2 | |
| | | 6 | 4 | | 5 | 1 | | |
| | 5 | 3 | | | | 7 | 8 | |
| | | | 7 | | 2 | | | |
| 2 | | | | | | | | 1 |
| | | | 5 | | 4 | | | |
| | 3 | 1 | | | | 5 | 4 | |
| | | 2 | 3 | | 8 | 9 | | |
| | 8 | | 1 | | 6 | | 3 | |

## Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 1 | 4 | 3 | 6 | 8 | 7 | 9 | 5 |
| 6 | 8 | 9 | 1 | 7 | 5 | 3 | 4 | 2 |
| 7 | 3 | 5 | 9 | 2 | 4 | 8 | 6 | 1 |
| 9 | 7 | 8 | 4 | 1 | 6 | 5 | 2 | 3 |
| 1 | 5 | 3 | 2 | 8 | 9 | 6 | 7 | 4 |
| 4 | 6 | 2 | 7 | 5 | 3 | 1 | 8 | 9 |
| 5 | 9 | 7 | 6 | 4 | 1 | 2 | 3 | 8 |
| 8 | 4 | 6 | 5 | 3 | 2 | 9 | 1 | 7 |
| 3 | 2 | 1 | 8 | 9 | 7 | 4 | 5 | 6 |

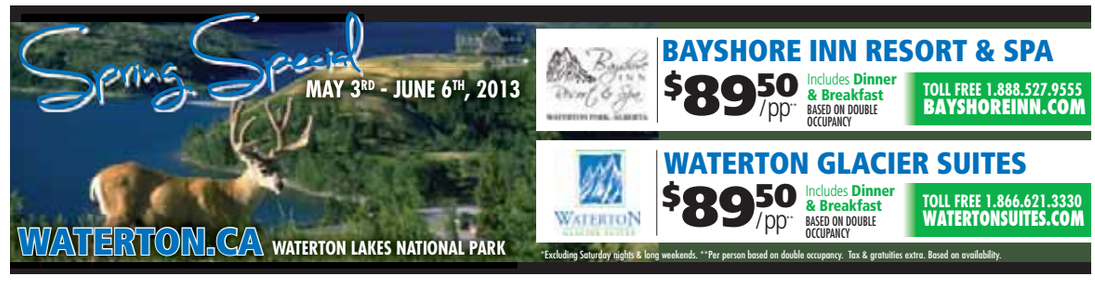
## Weather

| TODAY | WEDNESDAY | THURSDAY |
|---|---|---|
| MAX: 19° MIN: 8° | MAX: 13° MIN: 9° | MAX: 15 MIN: 10° |

BT BREAKFAST TELEVISION

**ANDREW SCHULTZ METEOROLOGIST**
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
**WEEKDAYS 5:30 AM**

walden park
ESTATE HOMES STARTING FROM THE $510s
Sales Centre: 14 Walden Close SE • 587.350.1129
Built for real life.
CARDELHOMES.COM
CARDEL HOMES




BAYSHORE INN RESORT & SPA
$89.50/pp** Includes Dinner & Breakfast BASED ON DOUBLE OCCUPANCY
TOLL FREE 1.888.527.9555
BAYSHOREINN.COM

WATERTON GLACIER SUITES
$89.50/pp** Includes Dinner & Breakfast BASED ON DOUBLE OCCUPANCY
TOLL FREE 1.866.621.3330
WATERTONSUITES.COM

*Excluding Saturday nights & long weekends. **Per person based on double occupancy. Tax & gratuities extra. Based on availability.

# Who wants a FREE tablet?

## It's a perfect way to watch Optik TV™ on the go.*

Now you can enjoy the best in entertainment on a FREE Samsung® Galaxy Note 10.1™ tablet. Sign up for Optik TV and Internet on a 3 year term.†

Call **310-MYTV (6988)**, go to **telus.com/optik** or visit your **TELUS Store or Authorized Dealer**.

To learn more, scan with layar

TELUS

the future is friendly®

**TELUS STORE OR AUTHORIZED DEALER**

**Northwest**

Beacon Hill Shopping Centre

Market Mall

North Hill Centre

Northland Village

822 Crowfoot Cres. NW

**Northeast**

Country Hills Town Centre

CrossIron Mills

Deerfoot Mall

Marlborough Mall

Pacific Place

Sunridge Mall

1353 32nd Ave. NE

2520 23rd St. NE

**Southwest**

Bankers Hall

Bow Valley Square

Chinook Centre

The Core

Southcentre Mall

Westbrook Mall

Westhills Towne Centre

321 6th Ave. SW

2008 33rd Ave. SW

4623 Bow Trail SW

6039 Centre St. S

4825 Macleod Trail SW

**Southeast**

Deerfoot Meadows

Shepard Centre

16061 Macleod Trail SE

1288 42nd Ave. SE

3012 17th Ave. SE

4410 50th Ave. SE

7845 Flint Rd. SE

**Airdrie**

2145 Summerfield Blvd.

**Strathmore**

55 Wheatland Trail

331 3rd Ave.

**Okotoks**

31 Southridge Dr.

118 Elizabeth St.

*For use in Canada only. Mobile service available on select devices within wireless network coverage areas. Subscription to Optik TV and channel required. Data charges may apply for mobile service outside Wi-Fi coverage. †Offer available until July 29, 2013, to residential customers who have not subscribed to Optik TV or Internet in the past 90 days. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. TELUS reserves the right to modify channel lineups and packaging and regular pricing without notice. Cannot be combined with other offers. Offer not available with TELUS Internet 6. Samsung Galaxy Note 10.1 tablet offer available while quantities last and cannot be combined with promotional prices. TELUS reserves the right to substitute an equivalent or better product without notice. Manufacturer's suggested retail price of Samsung Galaxy Note 10.1 tablet is $479. Cancellation fee for early termination of a service agreement will be $13/mo. for the Samsung Galaxy Note 10.1 tablet and $10/mo. for the HD PVR and digital boxes multiplied by the number of months remaining in the term. Current rental rates apply at the end of the term. Rental equipment must be returned in good condition upon cancellation of service, otherwise the replacement cost will be charged to the account. TELUS, the TELUS logo, Optik, Optik TV and the future is friendly are trademarks of TELUS Corporation, used under licence. Samsung and the Samsung logo are trademarks or registered trademarks of Samsung Canada. HBO Canada®, Game of Thrones and the associated logos are service marks of Home Box Office, Inc. used under license. © 2013 Home Box Office, Inc. © 2013 TELUS.